



### **Getting Ready for Art-Making**

The Frye Art Museum has designed a new video series featuring teaching artist Janet Fagan, offering a variety of tips for care partners who are interested in art-making experiences for older adults and people living with dementia at home.

### **Staying Clean**

Learn about different ways to stay clean during art-making with your family member or friend. Happy making!

- Protect your clothes by wearing an apron. Alternatively, you can wear an old t-shirt or another clothing item you don't mind getting dirty.
- To keep your hands clean during art-making, you can use a barrier cream, which prevents materials from staining your hands, and is available at art supply stores.
- Another way to keep your hands clean is to wear disposable gloves, which you can rinse and reuse.
- You may also want to consider filling a spray bottle to have water on hand for a quick rinse.
- Another option is to use wet wipes, which are helpful for a quick clean-up process.