

GETTING READY FOR ART-MAKING

The Frye Art Museum has designed a new video series featuring teaching artist Janet Fagan, offering a variety of tips for care partners who are interested in art-making experiences for older adults and people living with dementia at home.

POINT AND PLACE

Learn a technique for helping a family member or friend get started on an art activity, especially if they have less manual dexterity or are reluctant to get started. Happy making!

- For a drawing or painting activity, you can point your family member or friend to a starting place on the paper, canvas, or other material you are using. Then have them follow your finger to an end point with an art tool or utensil. You can repeat as needed.
- For a collage activity, you can have your family member or friend direct you to where they would like to place the paper or other material on the paper, canvas, or other material you are using. Keep in mind that you are following their directions. Let them be the art director while you are acting as an assistant.